



NOVEMBER | 2017

NORWALK CATHOLIC SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 French toast sticks Sausage links Hashbrowns Orange slices Juice Milk	2 Meat & cheese nachos Black beans Green beans Veggie tray Mandarin oranges Graham crackers Milk	3 Meatball sub Tater tots Veggie tray Pears Milk
6 Pepperoni pizza Green beans California blend Veggie tray Applesauce Milk	7 Oriental chicken Rice Vegetables Mandarin oranges Fortune cookie Milk	8 Hamburger on a bun Spicy fries Baked beans Veggie tray Peaches Milk	9 Bosco sticks Marinara Side salad Sunshine carrots Apple slices Milk	10 Chicken sticks Mixed vegetables Veggie tray Sidekick Milk
13 Cheese pizza Broccoli/cheese Veggie tray Fruit cocktail Milk	14 Chicken nuggets Cheesy potatoes Green beans Peaches Milk	15 Macaroni & cheese Peas Veggie tray Strawberry cup Breadstick Milk	16 Chicken quesadillas Corn Spanish rice Veggie tray Applesauce Milk	17 Mini corndogs Carrots Veggie tray Pineapple Pretzel Milk
20 Shredded turkey over Mashed potatoes Green beans Sweet potatoes Mandarin oranges Roll & butter Cookie Milk	21 Blueberry waffles Smiley fries Sausage links Applesauce cup Juice Milk	22 No school	23 No school	24 No school
27 Pepperoni pizza breadstick Italian blend vegetables Veggie tray Fruit cocktail Milk	28 Chicken strips Corn & carrots Veggie tray Grapes Juice Milk	29 Fiesta sticks Green beans Veggie tray Peaches Milk	30 Breaded chicken sandwich Broccoli/cheese Potato wedges Veggie tray Pineapple Milk	

News Cafeteria News Offerings

Grades 1-6

2nd Meal options

**Peanut Butter/Jelly or
Small Salad
Cheese Stick
Goldfish Crackers
Daily Fruit & Veggie
Milk**

Grades 7-12

2nd Meal options

**Chef Salad
Fruit/veggies
Milk**

We offer

**Fresh Veggies
Ranch/hummus
Fresh Fruit
100% Fruit Juice**