



JANUARY | 2019

NORWALK CATHOLIC SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|---|--|--|---|--|
| 31 No School | 1 No School | 2 No School | 3 Boneless Wings Broccoli Veggie Tray Pineapple Soft Pretzel Milk | 4 Walking Taco Sweet Potato Fries Black Beans Veggie Tray Pears Sidekick Milk |
| 7 Cheese Pizza Corn Veggie Tray Pears Milk | 8 Chicken Strips Broccoli Veggie Tray Grapes Juice Milk | 9 Fiesta Sticks Green Beans Veggie Tray Peaches Milk | 10 Grilled Cheese Sandwich Tomato Soup Peas Goldfish Crackers Veggie Tray Pineapple Milk | 11 BBQ Pork or Sloppy Jo Sandwich French Fries Coleslaw Veggie Tray Applesauce Milk |
| 14 Pepperoni Calzones Broccoli Veggie Tray Pears Milk | 15 Salisbury Steak Mashed Potatoes Green Beans Veggie Tray Peaches Garlic Breadstick Milk | 16 Taco Salad Black Beans Corn Veggie Tray Applesauce Milk | 17 Breaded Chicken Sandwich Baked Beans Sweet Potato Fries Veggie Tray Pineapple Milk | 18 Meatball Sub Tater Tots Peas Fruit Cocktail Milk |
| 21 No School | 22 Pepperoni Pizza Green Beans Veggie Tray Peaches Milk | 23 Oriental Chicken Rice Vegetables Mandarin Oranges Fortune Cookie Milk | 24 Bosco Sticks Side Salad Veggie Tray Apple Slices Milk | 25 Chicken Sticks Mixed Vegetables Baked Beans Veggie Tray Pineapple Milk |
| 28 French Toast Sticks Sausage Links Hash Browns Orange Slices Juice Milk | 29 Chicken Nuggets Au Gratin Potatoes Broccoli Peaches Roll Milk | 30 Pizza Burgers Side Salad Green Beans Veggie Tray Applesauce Cocoa Bar Milk | 31 Chicken Quesadillas Spanish Rice Refried Beans Corn Veggie Tray Pears Milk | 1 |

News **Cafeteria Offerings**

Grades 1-6

2nd Meal Options:
Peanut Butter/Jelly or
Small Salad
Cheese Stick
Goldfish Crackers
Daily Fruit & Vegetable
Milk

Grades 7-12

2nd Meal Options:
Chef Salad or Turkey Wrap
Daily Fruit & Vegetables
Milk

We Offer
Fresh Vegetables
Ranch/Hummus
Fresh Fruit
100% Fruit Juice

**This institution is an equal
 opportunity provider**



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|----|----|----|----|----|
| 31 | 1 | 2 | 3 | 4 |
| 7 | 8 | 9 | 10 | 11 |
| 14 | 15 | 16 | 17 | 18 |
| 21 | 22 | 23 | 24 | 25 |
| 28 | 29 | 30 | 31 | 1 |

