



JANUARY | 2018

NORWALK CATHOLIC SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Break	2 Break	3 Popcorn Chicken Bowl Mashed Potatoes/gravy Corn Fruit Cocktail Roll & Butter Milk	4 Soft beef taco or Chicken fajita Refried beans Sweet potato fries Veggie tray Pears Milk	5 Boneless wings Broccoli /cheese Veggie tray Pineapple Pretzels Milk
8 Chicken strips Corn & carrots Veggie tray Fruit Cocktail Juice Milk	9 Grilled cheese Tomato soup Goldfish crackers Baked beans Veggie tray Applesauce Milk	10 Breaded Chicken sandwich Potato wedges Veggie tray Grapes Milk	11 Fiesta sticks Green beans Veggie tray Peaches Milk	12 Pepperoni pizza breadsticks Broccoli / cheese Veggie tray Pineapple Milk
15 No School	16 Salisbury steak Mashed potatoes /gravy Green beans Veggie tray Peaches Garlic toast Milk	17 French toast sticks Sausage links Hash browns Banana Pineapple Juice Milk	18 Meat & Cheese nachos Black beans Corn Veggie tray Mandarin oranges Graham Milk	19 Meatball Sub Tater tots Veggie tray Pears Milk
22 Pepperoni pizza Green beans California blend Veggie tray Applesauce Milk	23 Oriental chicken Rice Vegetables Mandarin Oranges Fortune cookie Milk	24 Hamburger on a bun French fries Baked beans Veggie tray Peaches Milk	25 Bosco sticks Marinara sauce Side salad Carrots Apple slices Milk	26 Chicken sticks Mixed vegetables Veggie tray Pears Milk
29 Cheese pizza Broccoli /cheese Veggie tray Fruit cocktail Milk	30 Chicken nuggets Cheesy potatoes Green beans Peaches Milk	31 Pizza burgers Side salad Veggie tray Applesauce Cocoa bar Milk		

News Cafeteria News Offerings

Grades 1-6
2nd Meal options
Peanut Butter/Jelly or
Small Salad
Cheese Stick
Goldfish Crackers
Daily Fruit & Veggie
Milk

Grades 7-12
2nd Meal options
Chef Salad
Fruit/veggies
Milk

We offer
Fresh Veggies
Ranch/hummus
Fresh Fruit
100% Fruit Juice

This institution is an
 equal opportunity provider